

LOVE IS A PROMISE

BEATLES EDITION

Life Is What Happens To You While You're Busy Making Other Plans





BEACH BUGGIES

BY CORONATION CENTRE

The Coronation took a trip to New Brighton for a day on the Beach buggies. Great day!



“Everything is better at the beach. Even rain.”

UNKNOWN





“You dance love,
and you dance joy,
and you dance
dreams.”

GENE KELLY

NORTHERN ORCHESTRA DANCE

BY CORONATION CENTRE

Leon, Jonny, Alex & Dylan took part in the Northern Orchestra Dance. We had an amazing opportunity for the to go and do one of their dance sessions with the national Chamber orchestra quartet at the storyhouse in Chester. This session was an excellent experience for our services users letting live music wash over them while they danced and immersed themselves in the atmosphere and being able to use a large space.









LLANGOLLEN RAILWAYS

BY HLC

HLC went over to Llangollen to ride the old trains, the day was spectacular, 2 hours of scenic countryside. We stopped at the viaduct on the way there.



“There's something about the sound of a train that's very romantic and nostalgic and hopeful.”

PAUL SIMON





"No human being,
however great, or
powerful, was
ever so free as a
fish."

JOHN RUSHKIN

FISH TANK

BY THE CORONATION CENTRE

A fishtank was donated to the Coronation centre. Service users . enjoy watching the fish and we have plans to introduce some more fish into the tank along with more sensory lighting.



WATERWORLD TRIP

BY CORONATION CENTRE

The Coronation centre visited Waterworld in Burton



“The water is so pure and cold that it is a delight to drink it, and the sound of it as it falls and splashes is music to the ear.”

UNKNOWN





"I wanted
freedom, open air
and adventure. I
found it on the
water."

ALAINE GERBAULT

MARK TWAIN

BY NESTON & ALLOTMENT

Neston & the Allotment went to Chester & went on the Mark Twain cruise down the River Dee.





SENSORY SESSION

BY CORONATION CENTRE

The Coronation centre have started a new session using sounds with gentle music and different lighting equipment to make an immersive session for our service users.



“All this sensory input, which begins in the brain, has its effect throughout the body.”

NORMAN COUSINS





"True cowboys are
the ones who
aren't afraid to
get dirty."

LANE FROST

BARN DANCE PREP

BY THE HLC

HLC getting ready for the big barn dance event being held at the Civic Hall





PARALYMPICS AT BRIO

BY HLC & NESTON

AJ from Brio put on a Paralympics event for service users across Ellesmere Port, Neston & Chester.



"No matter what you face in life, it is still possible to achieve great things."

PÉTER PÁL KISS





"What is a weed?
A plant whose
virtues have never
been discovered."

RALPH WALDO EMERSON

GARDENING CLUB

BY THE CORONATION CENTRE

Service users in the gardening session planting up some seeds to grow over the winter and then hopefully put in the garden next year.





BEATLES TRIP

BY HLC

Spending the day at the Beatles Museum was a real "ticket to ride" as HLC "wound up" in a "magical mystery tour" of the legendary Beatles, definitely a "long and winding road" they 'd take again!



“You may say I’m a dreamer, but I’m not the only one. I hope someday you’ll join us. And the world will live as one.”

JOHN LENNON









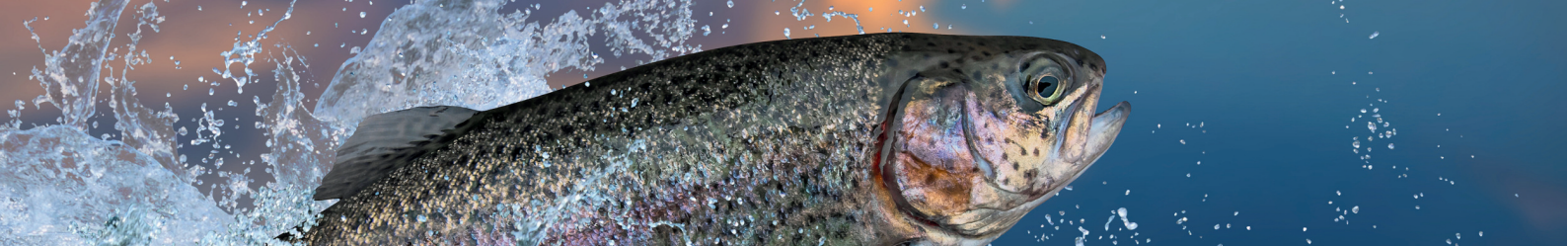
"Ask me to show you
poetry in motion and
I will show you a
horse"

UNKNOWN

COTEBROOK SHIRE HORSES

BY HLC





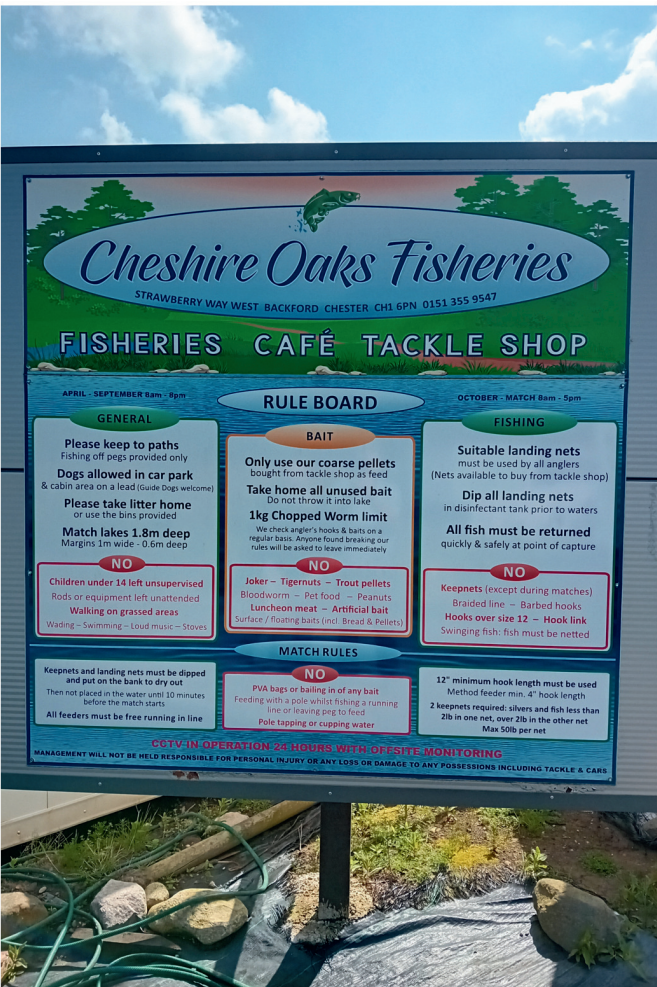
FISHING

BY PHIL SHONE

In June, Anthony and Phil visited several fisheries in Ellesmere Port, Chester and other Cheshire areas nearby, to assess wheelchair accessibility. The fisheries visited: Cheshire Oaks Fishery, Four Oaks Fishery, Lower Ridge Farm Fishery, Chester Lakes, Lloyd Meadows and Tarvin Sands. The two that came out on top were Cheshire Oaks and Chester Lakes, both had accessible toilets & had accessible pathways to the lakes and plenty of suitable platforms to fish from.

On 15th August, we chose Cheshire Oaks Fishery, due to it being the closest of the two suitable venues. Anthony and Mark really enjoyed going fishing together they both caught plenty of fish and we even saw other wildlife.

This was Mark’s first ever fishing experience and he is keen to go again. Anthony is also keen to visit Chester Lakes in the near future to catch bigger carp.



“Many men go fishing all of their lives without knowing that it is not fish they are after.”

HENRY DAVID THOREAU





CHESTER LAKES

Fishing • Camping • Lakeside Bar

01244 661745

www.chesterlakes.co.uk







INGLEWOOD MANOR

BY HLC

HLC went to Inglewood manor for afternoon tea.

"All you need is love.
But a little chocolate
cake now and then
doesn't hurt."

CHARLES M. SCHULZ





LIGHTFOOT LODGE MUSIC FESTIVAL

BY CORONATION CENTRE

Lightfoot lodge hosted a music festival and invited all the different services, it was a great day.



“Festivals promote diversity, they bring neighbors into dialogue, they increase creativity, they offer opportunities for civic pride, they improve our general psychological well-being. In short, they make cities better places to live.”

DAVID BINDER

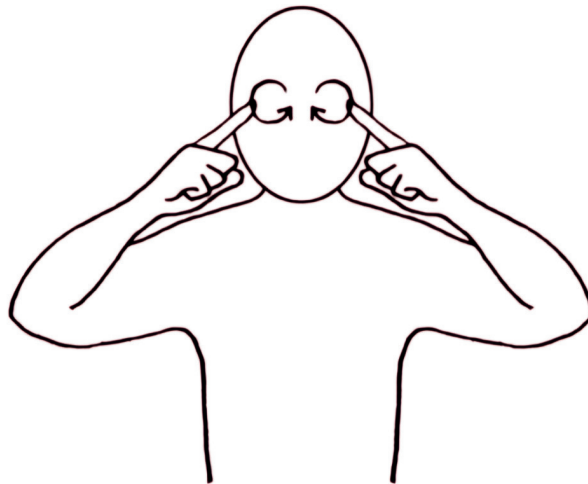




Makaton



GLASSES / SPECTACLES



GLASSES / SPECTACLES



Need urgent mental health support?

Call 111 Select Mental Health Option 2

We're here for you 24/7.

NHS

HERE TO HELP

SAMARITANS

Call us free 24/7 on
116 123

Feeling low?
Anxious? Lonely?
Overwhelmed?

If you're finding things
difficult at the moment,
we're here 24/7.

Text
SHOUT
to
85258

for free and
confidential
support

shout
85258

Zero 
Suicide
Alliance

Because
ONE life lost
is **ONE** too many

WWW.ZEROSUICIDEALLIANCE.COM/SUPPORT-DIRECTORY